

美滿婚前健康檢查計劃 PRE-MARRIAGE HEALTH CHECK PLANS

PMS AC: 8668

美滿的婚姻由雙方互相了解、體諒、關懷開始，這當然包括對方之健康狀況。這一刻，在你們攜手走進人生的另一階段前，應該為對方著想，作好準備，可能一些健康問題也能透過簡單的身體檢查而避免了。因此，卓紀保健為你們安排雙方的婚前身體檢查服務，讓你們以小小的行動，表達對愛侶的誠意及下一代的承諾。

檢查部份 Investigation	檢查內容 Purpose	檢查項目 Test Item	男士 Male (PMM2)	女士 Female (PMF2)
體格檢查 General Physical Examination	可了解身體有否血壓及體重問題。 To understand individual's status on Blood Pressure and Body Mass Index.	身高、體重 Height & Weight	✓	✓
		體重指數 Body Mass Index, BMI	✓	✓
		血壓、脈搏 Blood Pressure & Pulse	✓	✓
血液檢查 Blood Picture Screening	可了解身體有否貧血、白血球過多或過少、以及血液病的可能性。 To check on Anemia, over or under amount of White Blood Cell, and other possibility of Blood Diseases. 血型可分為 A、B、AB 或 O 型及正或負 Rh 因子。負因子的婦女若懷有正因子胎兒，可能會由於因子不配合而引致胎兒溶血性貧血，甚至死胎。 Rhesus factor can be divided into positive and negative factors. Vast majority of Chinese people have a positive Rh-D. A fetus with Positive factor may suffer from Hemolytic Anemia or even death if its mother has a Negative factor due to the un-match of Rh-D	血全計數 Complete Blood Count	✓	✓
		血型及 Rh 因子 Blood Grouping & Rh Factor	✓	✓
		德國麻疹抗體 Rubella Antibody, IgG		✓
肝炎檢查 Hepatitis Screening	透過驗血檢查，知道自己是否已感染乙型肝炎。 To understand the status of hepatitis B infection.	乙型肝炎表面抗原 Hepatitis B Surface Antigen	✓	✓
性病檢查 Sexually Transmitted Diseases	梅毒是可透過血液或體液接觸而傳染。 One of the Sexually Transmitted Diseases (STD), infections that are transmitted through exchange of semen, blood, and other body fluids; or by direct contact with the affected body areas of people with STDs.	梅毒血清試驗 VDRL/RPR	✓	✓
精液化驗 Semen Analysis	探討男方之生育能力，精子活動能力及精子數量。 To understand the man's fertility, sperm mobility and sperm count.	# 精子常規檢查 # Semen Analysis	✓	
腎臟功能 Renal Function Screening	可了解尿中有否蛋白、糖、血尿、尿道炎、腎石、腎炎及膀胱炎等症狀。 To check on symptoms of Urethra and Renal Malfunction such as Urine Protein, Urine Glucose, Hematuria, Urethritis, Kidney Stone, Nephritis, Cystitis, etc.	小便常規 Urine Routine	✓	✓
原價 (HK\$):			2,350 / 每對(一男一女)	
會員價 (HK\$):			888 / 每對(一男一女)	
中英文電腦分析化驗報告				
免費電話查詢有關化驗報告				

附加檢查項目 OPTIONAL TOP-UP TESTS

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附加項目 Test	原價 (HK\$) List Price (HK\$)	會員價 (HK\$) Membership Price (HK\$)
愛滋病毒抗體 HIV Antibody (HIU)	1,080 / 每對(一男一女)	500 / 每對(一男一女)
地中海貧血檢查-血紅/蛋白分析 Thalassemia Screening – Haemoglobin Pattern (ZHBP)	480 / 每位	360 / 每位
地中海貧血/缺鐵性貧血檢查組合 Thalassemia/Iron Deficiency Screening Profile (THAIR3) - 血紅/蛋白分析 Haemoglobin Pattern - 鐵 Iron - 鐵蛋白 Ferritin - 未飽和鐵結合量 Unsaturated Iron Binding Capacity	1,390 / 每位	580 / 每位
乙型肝炎表面抗體 Hepatitis B Surface Antibody (ZHBS) (了解是否已對乙型肝炎免疫。跟據檢驗結果，有需要才接種疫苗。) (To check for the immunity to Hepatitis B. Vaccination may be recommended, to prevent infection, depending on the test result.)	250 / 每位	145 / 每位
甲型肝炎抗體 Hepatitis A Antibody (ZHAG) (了解是否已對甲型肝炎免疫。跟據檢驗結果，有需要才接種疫苗。) (To check for the immunity to Hepatitis A. Vaccination may be recommended, to prevent infection, depending on the test result.)	340 / 每位	170 / 每位

精液樣本收集方法

- 請避免於精液樣本收集前兩至三日內發生性行為。
- 請避免於檢查前二十四小時內飲用含酒精飲料。
- 從性交過程中收集的精液樣本或收集於避孕套的精液樣本，均不適合用作化驗用途，精液樣本可用自瀆方法助出。
- 請將精液樣本直接收集於容器內，容器必須保持清潔及乾爽，並於一小時內交回化驗所，請於容器上寫上檢驗者姓名及收集樣本之時間。
- 請避免將精液樣本於運送途中受曝曬或冷藏，並儘量保持體溫，客人可選擇放在衣袋內以保持溫度。
- 請連同表格將精液樣本送抵化驗所，並即時通知化驗所職員此樣本乃用作精液分析用途，以便即時送往化驗室進行化驗。

Collection of Semen Analysis

- Abstain from sexual activity for at least 2-3 days before specimen collection.
- Avoid alcoholic beverages for 24 hours before the collection.
- Semen must be collected by masturbation only. Semen collection in a condom or by coitus interruptus is not acceptable for evaluation.
- Collect as much of the specimen as possible into a clean, dry container, and bring it to the laboratory within 1 hour of discharge. Write name and time of discharge on the container.
- It is important to avoid excessive heat and cold during transportation of the specimen. Shirt pocket is ideal for transport since body heat keeps the specimen warm.
- Upon delivery to the laboratory (with the request form), inform laboratory staff that the specimen is for semen analysis, for immediate processing.